

DISHES CONTAINING ALLERGENS

'Yes' = Contains / 'Mc' = May contain [as advised on product labelling]

MENU NAME: Nibbles menu

DATE PUBLISHED: 19th August 2026

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:	Wheat					Mc			Mc	yes			Yes	
Artisan bread	Mc barley		all nuts											
	Mc oats													
	Mc rye													
DISH NAME:														
Olives														
DISH NAME :									yes			yes		
Chorizo sausage														
DISH NAME :				Yes	Mc		Yes				Mc	Yes	Yes	
Mini crab cakes	Wheat													
DISH NAME:														

This information sheet must be reviewed and revised if any of the recipes of these dishes change

DISHES CONTAINING ALLERGENS

'Yes' = Contains / 'Mc' = May contain [as advised on product labelling]

MENU NAME:

DATE PUBLISHED:

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:														
DISH NAME:														
DISH NAME :														
DISH NAME :														
DISH NAME:														

This information sheet must be reviewed and revised if any of the recipes of these dishes change

DISHES CONTAINING ALLERGENS

'Yes' = Contains / 'Mc' = May contain [as advised on product labelling]

MENU NAME: Lunch menu – starters

DATE PUBLISHED: 19th August 2026

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:	Mc rye	Yes				Mc								
Soup of day dish	Wheat													
	Mc oats													
DISH NAME:										yes			Yes	
Maple roasted beetroot			Hazelnuts											
			All nuts											
DISH NAME :				yes	mc				yes		mc		yes	
Scallops														
DISH NAME :							yes		Yes			yes	Yes	
Ham hock														
DISH NAME:		yes		mc	yes						mc	yes	Yes	
Sole dish														

This information sheet must be reviewed and revised if any of the recipes of these dishes change

DISHES CONTAINING ALLERGENS

'Yes' = Contains / 'Mc' = May contain [as advised on product labelling]

MENU NAME: lunch mains

DATE PUBLISHED: 19th august

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:		yes							Yes			yes	Yes	
Beef bourguignon	wheat													
DISH NAME:		yes		mc	Yes		yes		Yes		Mc	yes	Yes	
pollock dish														
DISH NAME :		yes							Yes			yes	yes	
Sirloin dish														
DISH NAME :					Mc - sm. Salmon / meat option	yes	yes					yes	Yes	
Alverton caeser	Wheat													
	Rye													
DISH NAME:		Yes	Walnut			Mc			yes				Yes	
Carrot & squash tartlet	Wheat		mc- all											

This information sheet must be reviewed and revised if any of the recipes of these dishes change

DISHES CONTAINING ALLERGENS

'Yes' = Contains / 'Mc' = May contain [as advised on product labelling]

MENU NAME: Sides

DATE PUBLISHED: 19th september 2026

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:									Yes					
Cornish potatoes														
DISH NAME:														
Julienne fries														
DISH NAME :									Yes					
Cheesey julienne fries														
DISH NAME :						yes						yes	yes	
Garden leaves	Wheat													
DISH NAME:									yes			yes		
Cauliflower cheese	wheat													

This information sheet must be reviewed and revised if any of the recipes of these dishes change

DISHES CONTAINING ALLERGENS

'Yes' = Contains / 'Mc' = May contain [as advised on product labelling]

MENU NAME:

DATE PUBLISHED:

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:									Yes					
Selection of vegetables														
DISH NAME:									yes			yes		
Pomme puree	Wheat													
DISH NAME :														
DISH NAME :														
DISH NAME:														

This information sheet must be reviewed and revised if any of the recipes of these dishes change

DISHES CONTAINING ALLERGENS

'Yes' = Contains / 'Mc' = May contain [as advised on product labelling]

MENU NAME: Puddings

DATE PUBLISHED: 19th august 2026

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products		Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:							Mc		Yes					Mc	
Affogato	Wheat		Mc all nuts												
DISH NAME:	wheat					yes		Yes					Mc		
White chocolate marquise			Mc all nuts												
DISH NAME :			Pecan				yes	Yes							
Spiced crème brulee	Wheat		Mc all nuts												
DISH NAME :						Mc	Yes	Yes							
Ice cream / sorbet			Mc all nuts												
	Wheat														
DISH NAME: Cheeseboard	Wheat	yes	Mc all nuts					mc	yes		mc			yes	
	Barley														

[illegible]

DISHES CONTAINING ALLERGENS

'Yes' = Contains / 'Mc' = May contain [as advised on product labelling]

MENU NAME:**DATE PUBLISHED:**

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:							mc						yes	
Caramelised apple crumble	Wheat		Mc all nuts											
DISH NAME:														
DISH NAME :														
DISH NAME :														

DISH NAME:															

This information sheet must be reviewed and revised if any of the recipes of these dishes change

DISHES CONTAINING ALLERGENS

'Yes' = Contains / 'Mc' = May contain [as advised on product labelling]

MENU NAME: sandwiches

DATE PUBLISHED: 19th august

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:				mc	yes	Yes	yes				mc	yes	yes	
Fish finger	Wheat													
	Rye													
	Barley													
DISH NAME:		yes				Yes			yes			yes	yes	
Mature cheddar	Wheat													
	Rye													
	Barley													
DISH NAME :	Wheat	yes				Yes			yes			yes	yes	
Cucumber, mint & cream cheese	Rye													
	Barley													
DISH NAME :	Wheat			mc	yes	Yes			yes		mc	yes	yes	
Smoked salmon	Rye													
	Barley													
DISH NAME:	Wheat					Yes						yes	yes	
Roasted red peppers	Rye													
	Barley													

This information sheet must be reviewed and revised if any of the recipes of these dishes change

DISHES CONTAINING ALLERGENS

'Yes' = Contains / 'Mc' = May contain [as advised on product labelling]

MENU NAME:

DATE PUBLISHED:

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:						yes	yes					yes	yes	
Chicken & sweetcorn	Wheat													
	Rye													
	barley													
DISH NAME:														
DISH NAME :														
DISH NAME :														
DISH NAME:														

This information sheet must be reviewed and revised if any of the recipes of these dishes change

DISHES CONTAINING ALLERGENS

'Yes' = Contains / 'Mc' = May contain [as advised on product labelling]

MENU NAME: Classic mains

DATE PUBLISHED: 17th June 2026

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:									Yes			yes	Yes	
Sirloin steak														
DISH NAME:	Wheat			mc	yes		yes		mc		mc	yes	yes	
Fish n chips														
DISH NAME :	Wheat				Mc – in chicken & sm. Salmon option	yes	yes		yes			yes	yes	
Alverton caeser	Rye													
DISH NAME :														
DISH NAME:							Mc		mc			yes	yes	
Beef burger	Wheat													

This information sheet must be reviewed and revised if any of the recipes of these dishes change

DISHES CONTAINING ALLERGENS

'Yes' = Contains / 'Mc' = May contain [as advised on product labelling]

MENU NAME:

DATE PUBLISHED:

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:						yes	mc		mc			yes	yes	
Plant burger	Wheat													
DISH NAME:														
DISH NAME :														
DISH NAME :														
DISH NAME:														

This information sheet must be reviewed and revised if any of the recipes of these dishes change