

DISHES CONTAINING ALLERGENS

'Yes' = Contains / 'Mc' = May contain [as advised on product labelling]

MENU NAME: Nibbles menu

DATE PUBLISHED: 19th August 2026

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:	Wheat					Mc			Mc	yes			Yes	
Artisan bread	Mc barley		all nuts											
	Mc oats													
	Mc rye													
DISH NAME:														
Olives														
DISH NAME :									yes			yes		
Chorizo sausage														
DISH NAME :				Yes	Mc		Yes				Mc	Yes	Yes	
Mini crab cakes	Wheat													
DISH NAME:														

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Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:														
DISH NAME:														
DISH NAME :														
DISH NAME :														
DISH NAME:														

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DISHES CONTAINING ALLERGENS

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MENU NAME: Dinner starters

DATE PUBLISHED: 19th August

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:		Yes											mc	
Soup – daily changing	Wheat													
	Mc rye, oats, barley													
DISH NAME:			Mc all nuts						yes			Yes		
Whipped feta			Hazelnuts											
DISH NAME :				mc	mc			Yes		yes		yes		
Scallops														
DISH NAME :						yes					yes	yes		
Ham hock														
DISH NAME:				mc	yes					mc	yes	yes		
Salmon														

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DISH NAME:													Yes	
Venison lion														
DISH NAME:														
DISH NAME :														
DISH NAME :														
DISH NAME:														

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MENU NAME: Dinner menu

DATE PUBLISHED: 19th August

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME: Belly pork									yes				yes	
DISH NAME: Duo of beef		yes							Yes			yes	Yes	
DISH NAME : Monkfish		yes		mc	Yes				yes		mc	yes	yes	
DISH NAME : Carrot & winter squash tart	wheat					mc			yes				Yes	
DISH NAME: Duck breast		yes							yes				Yes	

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DISH NAME:		yes		mc	yes	yes			yes		yes	mc	yes	
Hake	Wheat													
DISH NAME:														
DISH NAME :														
DISH NAME :														
DISH NAME:														

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DISHES CONTAINING ALLERGENS

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MENU NAME: Sides

DATE PUBLISHED: 19th september 2026

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:									Yes					
Cornish potatoes														
DISH NAME:														
Julienne fries														
DISH NAME :									Yes					
Cheesey julienne fries														
DISH NAME :						yes						yes	yes	
Garden leaves	Wheat													
DISH NAME:									yes			yes		
Cauliflower cheese	wheat													

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MENU NAME:

DATE PUBLISHED:

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:									Yes					
Selection of vegetables														
DISH NAME:									yes			yes		
Pomme puree	Wheat													
DISH NAME :														
DISH NAME :														
DISH NAME:														

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DISHES CONTAINING ALLERGENS

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MENU NAME: Classic mains

DATE PUBLISHED: 17th June 2026

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:									Yes			yes	Yes	
Sirloin steak														
DISH NAME:	Wheat			mc	yes		yes		mc		mc	yes	yes	
Fish n chips														
DISH NAME :	Wheat				Mc – in chicken & sm. Salmon option	yes	yes		yes			yes	yes	
Alverton caeser	Rye													
DISH NAME :														
DISH NAME:							Mc		mc			yes	yes	
Beef burger	Wheat													

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DISH NAME:						yes	mc		mc			yes	yes	
Plant burger	Wheat													
DISH NAME:														
DISH NAME :														
DISH NAME :														
DISH NAME:														

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DISHES CONTAINING ALLERGENS

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MENU NAME: Puddings

DATE PUBLISHED: 19th august 2026

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products		Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:							Mc		Yes					Mc	
Affogato	Wheat		Mc all nuts												
DISH NAME:	wheat					yes		Yes					Mc		
White chocolate marquise			Mc all nuts												
DISH NAME :			Pecan				yes	Yes							
Spiced crème brulee	Wheat		Mc all nuts												
DISH NAME :						Mc	Yes	Yes							
Ice cream / sorbet			Mc all nuts												
	Wheat														
DISH NAME:	Wheat	yes	Mc all nuts					mc	yes		mc			yes	
Cheeseboard	Barley														

[illegible]

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DISH NAME:							mc						yes	
Caramelised apple crumble	Wheat		Mc all nuts											
DISH NAME:														
DISH NAME :														
DISH NAME :														

DISH NAME:															

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