

DISHES CONTAINING ALLERGENS

'Yes' = Contains / 'Mc' = May contain [as advised on product labelling]

MENU NAME: Nibbles menu

DATE PUBLISHED: 17th June 2026

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:	Wheat					Mc			Mc	yes			Yes	
Artisan bread	Mc barley		all nuts											
	Mc oats													
	Mc rye													
DISH NAME:														
Olives														
DISH NAME :														
Padron peppers														
DISH NAME :				Yes	Mc		Yes				Mc	Yes	Yes	
Mini crab cakes	Wheat													
DISH NAME:														

This information sheet must be reviewed and revised if any of the recipes of these dishes change

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MENU NAME:

DATE PUBLISHED:

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:														
DISH NAME:														
DISH NAME :														
DISH NAME :														
DISH NAME:														

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DISHES CONTAINING ALLERGENS

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MENU NAME: Lunch menu – starters

DATE PUBLISHED: 17th June 2026

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:	Mc rye	Yes				Mc								
Soup of day dish	Wheat													
	Mc oats													
DISH NAME:						yes							Yes	
Pea mousse			Hazelnuts											
DISH NAME :				yes	mc				yes		mc		yes	
Scallops														
DISH NAME :							yes		Yes			yes	Yes	
Ham hock														
DISH NAME:		yes		mc	yes		yes				mc	yes	Yes	
Salmon pastrami														

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DISHES CONTAINING ALLERGENS

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MENU NAME: lunch mains

DATE PUBLISHED: 17th June

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:		yes						yes	Yes				Yes	
Belly pork dish			Mc all nuts											
DISH NAME:		yes		mc	Yes	Yes			Yes		Mc		Yes	
pollock dish	Wheat													
	Mc rye													
	Mc barley													
DISH NAME :									Yes				yes	
Sirloin dish														
DISH NAME :						yes				yes			Yes	
Alverton salad	Wheat													
DISH NAME:		Yes				Mc							Yes	
Pea and bean rистtoto														

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MENU NAME: Sides

DATE PUBLISHED: 17th June 2026

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:									Yes					
Cornish potatoes														
DISH NAME:														
Julienne fries														
DISH NAME :									Yes					
Cheesey julienne fries														
DISH NAME :			All nuts			yes								
Garden leaves														
			Hazelnuts											
DISH NAME:													Yes	
Heritage tomatoes														

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MENU NAME:

DATE PUBLISHED:

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:				mc					Yes		mc			
Spring vegetables														
DISH NAME:														
DISH NAME :														
DISH NAME :														
DISH NAME:														

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MENU NAME: Puddings

DATE PUBLISHED: 17th June 2026

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products		Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:							Mc		Yes					Mc	
Affogato	Wheat		Mc all nuts												
			Almonds												
DISH NAME:							Yes		Yes					Mc	
Eton mess			Mc all nuts												
DISH NAME :								Yes							
Orange & lime cheesecake	Wheat		Mc all nuts												
DISH NAME :						Mc	Yes		Yes						
Ice cream / sorbet	Oats		Mc all nuts												
	Wheat														
DISH NAME: Cheeseboard	Wheat	yes	Mc all nuts					mc	yes		mc			yes	
	Barley														

[illegible]

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Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:							mc		Yes					
Elderflower posset	Wheat		Mc all nuts											
DISH NAME:						mc							mc	
Chocolate cremeux	Wheat		Mc all nuts											
DISH NAME :														
DISH NAME :														

DISH NAME:														

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DISHES CONTAINING ALLERGENS

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MENU NAME: small plates

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Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:	Wheat		All nuts			Mc				yes			Yes	
Artisan bread	Mc oats													
	Mc rye													
	Mc barley													
DISH NAME:														
Olives														
DISH NAME :														
Padron peppers														
DISH NAME :				Yes	Mc		Yes				Mc	Yes	Yes	
Crab cakes	Wheat													
DISH NAME:							Yes		Yes			Yes	Yes	
Ham hock														

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DISHES CONTAINING ALLERGENS

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MENU NAME:

DATE PUBLISHED:

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:	Wheat	yes				Mc							Mc	
Market soup	Mc barley													
	Mc oats / rye /													
DISH NAME:		yes		mc	yes		yes				mc	yes	yes	
Salmon														
DISH NAME :														
DISH NAME :														
DISH NAME:														

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DISHES CONTAINING ALLERGENS

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MENU NAME: sandwiches

DATE PUBLISHED: 17th June

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:				mc	yes	Yes	yes				mc	yes	yes	
Fish finger	Wheat													
	Rye													
	Barley													
DISH NAME:		yes				Yes			yes			yes	yes	
Mature cheddar	Wheat													
	Rye													
	Barley													
DISH NAME :	Wheat	yes				Yes						mc	yes	
Ham	Rye													
	Barley													
DISH NAME :	Wheat			mc	yes	Yes			yes		mc			
Smoked salmon	Rye													
	Barley													
DISH NAME:	Wheat					Yes								
Roasted red peppers	Rye													
	Barley													

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MENU NAME:

DATE PUBLISHED:

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:														
DISH NAME:														
DISH NAME :														
DISH NAME :														
DISH NAME:														

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DISHES CONTAINING ALLERGENS

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MENU NAME: Classic mains

DATE PUBLISHED: 17th June 2026

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:									Yes				Yes	
Sirloin steak														
DISH NAME:	Wheat			mc	yes		yes		mc		mc	yes	yes	
Fish n chips														
DISH NAME :	Wheat				mc	yes				yes			yes	
Alverton salad														
DISH NAME :														
DISH NAME:							yes		mc			yes	yes	
Beef burger	Wheat													

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MENU NAME:

DATE PUBLISHED:

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME:						mc	mc		mc			yes	yes	
Plant burger	Wheat													
DISH NAME:														
DISH NAME :														
DISH NAME :														
DISH NAME:														

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