

DISHES CONTAINING ALLERGENS

'Yes' = Contains / 'Mc' = May contain [as advised on product labelling]

BUSINESS NAME: Alverton Hotel

MENU NAME: Breakfast Menu

DATE PUBLISHED: 1st March 2026

Allergens	Cereals containing Gluten	Celery	Nuts	Crustacean	Fish	Soya	Egg	Peanuts	Dairy Milk Products	Sesame	Molluscs	Mustard	Sulphur Dioxide & sulphates	Lupin
DISH NAME: Breakfast smoothie	Yes													
	oats													
DISH NAME: Traditional porridge	Yes								Yes					
	Oats													
DISH NAME : Cornish Grill	Yes						Yes						Yes	
	Wheat													
	Only in hogs													
	pudding													
DISH NAME : Garden grill	Yes						Yes		Yes					
	Wheat													
DISH NAME: Avocado sourdough	Yes		Mc			Mc	Yes		mc	mc				
	Wheat / Rye													
	Barley													

This information sheet must be reviewed and revised if any of the recipes of these dishes change

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DISH NAME: Breakfast roll	Yes						Yes			mc		Yes	Yes	
	Wheat													
DISH NAME: Smoked salmon bagel	Yes			mc	Yes				Yes	mc	mc			
	Wheat													
	Barley													
DISH NAME : Thunder & lightening	Yes						Yes		Yes					
	Wheat													
DISH NAME : White bloomer toast	Yes					Yes								
	Wheat													
	Rye													
DISH NAME: Malted bloomer toast	Yes					Yes								
	Wheat													
	Barley													

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