Allergen Information

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Allergens: **'A'** - Active Ingredient   **'M'** - May Contain (from label of ingredient)

Food or Drink Item	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)		Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)		Crustaceans	Fish	Molluscs
chicken - dish	N/A		N/A	N/A	N/A	Active	Active	Active	May	N/A	N/A	N/A		N/A	N/A	N/A
Squash rissoto- dish	N/A		N/A	N/A	Active	Active	N/A	Active	N/A	N/A	N/A	N/A		N/A	N/A	N/A
Pork schnizel - dish	Active	wheat	May	N/A	May	Active	Active	Active	Active	N/A	N/A	N/A		N/A	N/A	N/A
cod - dish	N/A		N/A	N/A	May	Active	N/A	Active	May	N/A	N/A	N/A		N/A	Active	N/A
fillet steak - dish	N/A		N/A	N/A	N/A	Active	N/A	Active	Active	N/A	N/A	N/A		N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A

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chicken - dish	N/A		N/A	N/A	N/A	Active	Active	Active	May	N/A	N/A	N/A	N/A	N/A	N/A
Squash rissoto- dish	N/A		N/A	N/A	Active	Active	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Pork schnizel - dish	Active	wheat	May	N/A	May	Active	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A
cod - dish	N/A		N/A	N/A	May	Active	N/A	Active	May	N/A	N/A	N/A	N/A	Active	N/A
fillet steak - dish	N/A		N/A	N/A	N/A	Active	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

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Chocolate orange cheesecake	Active	wheat	Active	N/A	N/A	Active	May	N/A	Active	N/A	N/A	May	Nuts	N/A	N/A	N/A
Raspberry panna cotta	Active	Wheat	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	May	Nuts	N/A	N/A	N/A
Affogato	Active	wheat , oats	N/A	N/A	N/A	Active	May	N/A	N/A	N/A	N/A	May	Nuts	N/A	N/A	N/A
ice cream + cookie	Active	wheat, oats	May	N/A	N/A	Active	May	Active	N/A	N/A	N/A	May	Nuts	N/A	N/A	N/A
Pistachio brulee + shortbread	Active	Wheat	Active	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	Active	Pistachio / Nuts	N/A	N/A	N/A
Cheese board	Active	Wheat,oats rye, barl	N/A	N/A	Active	Active	N/A	N/A	N/A	May	May	May	Nuts in crackers	N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A

Allergens: **'A'** - Active Ingredient   **'M'** - May Contain (from label of ingredient)

Allergen Information

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Allergens: **'A'** - Active Ingredient   **'M'** - May Contain (from label of ingredient)

Food or Drink Item	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)		Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)		Crustaceans	Fish	Molluscs
Crisp potato / Hens egg	N/A		N/A	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
Selection of bread, dukkah & oil	May	wheat	May	N/A	N/A	N/A	N/A	Active	N/A	Active	N/A	Active	hazelnuts /Nuts	N/A	N/A	N/A
Olives	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
Hummus crostini	Active	wheat	May	N/A	N/A	N/A	N/A	N/A	N/A	Active	N/A			N/A	N/A	N/A
Dirty fries	May	Wheat fryer	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
Soup/ Bread - Daily changing	Active	Wheat Bread	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A			N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A			N/A	N/A	N/A

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Food or Drink Item	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)		Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs
Fish and chips	Active	wheat	N/A	N/A	N/A	Active	Active	Active	N/A	N/A	N/A	N/A	N/A	Active	N/A
Fillet steak medallions	May	Wheat fryer	N/A	N/A	May	Active	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A
Caesar	Active	wheat	Active	N/A	N/A	Active	Active	Active	Active	N/A	N/A	N/A	N/A	Active	N/A
Alverton beef burger	Active	wheat	N/A	N/A	N/A	Active	N/A	Active	Active	May	N/A	N/A	N/A	N/A	N/A
Plant burger	Active	Wheat	N/A	N/A	N/A	May	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A

Allergens: **'A'** - Active Ingredient   **'M'** - May Contain (from label of ingredient)

Allergen Information

Menu:	January Sandwiches

Date Updated:	14 / 1 / 26

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Allergens: **'A'** - Active Ingredient **'M'** - May Contain (from label of ingredient)

Food or Drink Item	Cereals Containing Gluten (Please State)	e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts (Please State)	Nuts e.g. hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs
Battered cod	Active	wheat, rye, barley	Active	N/A	N/A	N/A	Active	Active	Active	N/A	N/A	N/A		N/A	Active	N/A
Coronation chicken	Active	Wheat, rye, barley	Active	N/A	Active	N/A	Active	Active	Active	N/A	N/A	N/A		N/A	N/A	N/A
Ham and Egg	Active	wheat , rye, barley	Active	N/A	N/A	N/A	Active	Active	Active	N/A	N/A	N/A		N/A	N/A	N/A
Brie/ Red onion jam	Active	wheat, rye, barley	Active	N/A	N/A	Active	N/A	Active	Active	May	N/A	N/A		N/A	N/A	N/A
Cheddar / Tomato relish	Active	Wheat, rye, barley	Active	N/A	N/A	Active	N/A	May	Active	N/A	N/A	N/A		N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A

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Allergens: **'A'** - Active Ingredient   **'M'** - May Contain (from label of ingredient)

Food or Drink Item	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)		Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)		Crustaceans	Fish	Molluscs
scones/ Jam / Cream	Active	WHEAT	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
Egg Mayonnaise sandwich	Active	Wheat, rye.	Active	N/A	N/A	N/A	N/A	N/A	May	N/A	N/A	N/A		N/A	N/A	N/A
Ham mustard bloomer	Active	Wheat, rye	Active	N/A	N/A	Active	N/A	N/A	Active	N/A	N/A	N/A		N/A	N/A	N/A
Blood orange cheesevcke	Active	WHEAT	Active	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
Coffe walnut cake	Active	WHEAT	May	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	Active	Walnut/ Nuts	N/A	N/A	N/A
Pannacotta / Biscuit	Active	WHEAT	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
Mini Fish chips	Active	WHEAT	Active	N/A	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A		N/A	Active	N/A
Onion brie Frittata	N/A		N/A	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A

Allergen Information

Menu: CHILDENS AFTERNOON TEA   Date Updated: 14 / 1 / 26

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Food or Drink Item	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs
scones	Active WHEAT	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
homemade strawberry jam	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
roddas clotted cream	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Blood orange cheesevcke	Active WHEAT	Active	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Coffe walnut cake	Active WHEAT	May	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	Active Walnut/ Nuts	N/A	N/A	N/A
Pannacotta / Biscuit	Active WHEAT	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
Ham 0r cheese sandwiches	Active WHEAT/RYE	Active	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
Milkshake banana or chocolate	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A