



# Allergen Information

Menu: June 2025 - AFT

Date Updated: 11 / 06 / 25

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

| Food or Drink Item   | Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient) |         |       |        |         |         |           |         |        |         |                                                                |             |         |          |
|----------------------|---------------------------------------------------------------------------------|---------|-------|--------|---------|---------|-----------|---------|--------|---------|----------------------------------------------------------------|-------------|---------|----------|
|                      | Cereals Containing Gluten<br>e.g. bran, wheat, spelt<br>(Please State)          | Soya    | Lupin | Celery | Milk    | Egg     | Sulphites | Mustard | Sesame | Peanuts | Nuts<br>e.g. hazelnuts, brazil nuts, walnuts<br>(Please State) | Crustaceans | Fish    | Molluscs |
| Coronation chicken   | Active▼ wheat                                                                   | Active▼ | N/A▼  | N/A▼   | Active▼ | Active▼ | Active▼   | Active▼ | N/A▼   | N/A▼    | N/A▼                                                           | N/A▼        | N/A▼    | N/A▼     |
| Salmon sandwich      | Active▼ wheat                                                                   | Active▼ | N/A▼  | N/A▼   | Active▼ | N/A▼    | N/A▼      | N/A▼    | N/A▼   | N/A▼    | N/A▼                                                           | N/A▼        | Active▼ | N/A▼     |
| Cheese onion quiche  | Active▼ wheat                                                                   | N/A▼    | N/A▼  | N/A▼   | Active▼ | Active▼ | Active▼   | N/A▼    | N/A▼   | N/A▼    | N/A▼                                                           | N/A▼        | N/A▼    | N/A▼     |
| Tomato arracini      | May▼ wheat                                                                      | N/A▼    | N/A▼  | N/A▼   | N/A▼    | N/A▼    | Active▼   | N/A▼    | N/A▼   | N/A▼    | N/A▼                                                           | N/A▼        | N/A▼    | N/A▼     |
| chocolate peanut pot | Active▼ wheat                                                                   | Active▼ | N/A▼  | N/A▼   | Active▼ | N/A▼    | N/A▼      | N/A▼    | N/A▼   | Active▼ | N/A▼                                                           | N/A▼        | N/A▼    | N/A▼     |
| carrot walnut cake   | Active▼ wheat                                                                   | N/A▼    | N/A▼  | N/A▼   | Active▼ | N/A▼    | N/A▼      | N/A▼    | N/A▼   | N/A▼    | Active▼ walnuts                                                | N/A▼        | N/A▼    | N/A▼     |
| Tonka brulee tart    | Active▼ wheat                                                                   | Active▼ | N/A▼  | N/A▼   | Active▼ | Active▼ | N/A▼      | N/A▼    | N/A▼   | N/A▼    | N/A▼                                                           | N/A▼        | N/A▼    | N/A▼     |
| Scone jam cream      | Active▼ wheat                                                                   | N/A▼    | N/A▼  | N/A▼   | Active▼ | N/A▼    | N/A▼      | N/A▼    | N/A▼   | N/A▼    | N/A▼                                                           | N/A▼        | N/A▼    | N/A▼     |



# Allergen Information

Menu: June 2025 - AFT

Date Updated: 11 / 06 / 25

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

| Food or Drink Item         | Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient) |        |       |        |        |     |           |         |        |         |                                                                         |             |      |          |
|----------------------------|---------------------------------------------------------------------------------|--------|-------|--------|--------|-----|-----------|---------|--------|---------|-------------------------------------------------------------------------|-------------|------|----------|
|                            | Cereals<br>Containing<br>Gluten<br>e.g. bran,<br>wheat, spelt<br>(Please State) | Soya   | Lupin | Celery | Milk   | Egg | Sulphites | Mustard | Sesame | Peanuts | Nuts<br>e.g.<br>hazelnuts,<br>brazil nuts,<br>walnuts<br>(Please State) | Crustaceans | Fish | Molluscs |
| white chocolate cheesecake | Active wheat                                                                    | Active | N/A   | N/A    | Active | N/A | N/A       | N/A     | N/A    | N/A     | N/A                                                                     | N/A         | N/A  | N/A      |
|                            | N/A                                                                             | N/A    | N/A   | N/A    | N/A    | N/A | N/A       | N/A     | N/A    | N/A     | N/A                                                                     | N/A         | N/A  | N/A      |
|                            | N/A                                                                             | N/A    | N/A   | N/A    | N/A    | N/A | N/A       | N/A     | N/A    | N/A     | N/A                                                                     | N/A         | N/A  | N/A      |
|                            | N/A                                                                             | N/A    | N/A   | N/A    | N/A    | N/A | Active    | N/A     | N/A    | N/A     | N/A                                                                     | N/A         | N/A  | N/A      |
|                            | N/A                                                                             | N/A    | N/A   | N/A    | N/A    | N/A | N/A       | N/A     | N/A    | N/A     | N/A                                                                     | N/A         | N/A  | N/A      |
|                            | N/A                                                                             | N/A    | N/A   | N/A    | N/A    | N/A | N/A       | N/A     | N/A    | N/A     | N/A                                                                     | N/A         | N/A  | N/A      |
|                            | N/A                                                                             | N/A    | N/A   | N/A    | N/A    | N/A | N/A       | N/A     | N/A    | N/A     | N/A                                                                     | N/A         | N/A  | N/A      |
|                            | N/A                                                                             | N/A    | N/A   | N/A    | N/A    | N/A | N/A       | N/A     | N/A    | N/A     | N/A                                                                     | N/A         | N/A  | N/A      |



# Allergen Information

Menu: June 2025 - desserts

Date Updated: 11 / 6 / 25

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

| Food or Drink Item            | Allergens: 'A' - Active Ingredient    'M' - May Contain (from label of ingredient) |        |       |        |        |        |           |         |        |         |                                                                         |             |      |          |     |
|-------------------------------|------------------------------------------------------------------------------------|--------|-------|--------|--------|--------|-----------|---------|--------|---------|-------------------------------------------------------------------------|-------------|------|----------|-----|
|                               | Cereals<br>Containing<br>Gluten<br>e.g. bran,<br>wheat, spelt<br>(Please State)    | Soya   | Lupin | Celery | Milk   | Egg    | Sulphites | Mustard | Sesame | Peanuts | Nuts<br>e.g.<br>hazelnuts,<br>brazil nuts,<br>walnuts<br>(Please State) | Crustaceans | Fish | Molluscs |     |
| Lemon vacherin - dish         | N/A                                                                                | N/A    | N/A   | N/A    | Active | N/A    | N/A       | N/A     | N/A    | N/A     | Active                                                                  | Hazelnuts   | N/A  | N/A      | N/A |
| Sticky toffee - dish          | Active                                                                             | Active | N/A   | N/A    | N/A    | N/A    | N/A       | N/A     | N/A    | N/A     | N/A                                                                     |             | N/A  | N/A      | N/A |
| Chocolate tart - dish         | Active                                                                             | Active | N/A   | N/A    | Active | Active | N/A       | N/A     | N/A    | N/A     | N/A                                                                     |             | N/A  | N/A      | N/A |
| Affogato                      | Active                                                                             | N/A    | N/A   | N/A    | N/A    | N/A    | N/A       | N/A     | N/A    | N/A     | Active                                                                  | almonds     | N/A  | N/A      | N/A |
| Callestick ice cream - dailey | N/A                                                                                | N/A    | N/A   | N/A    | N/A    | N/A    | N/A       | N/A     | N/A    | N/A     | N/A                                                                     |             | N/A  | N/A      | N/A |
| Cheese - dish                 | Active                                                                             | N/A    | N/A   | Active | Active | N/A    | Active    | N/A     | N/A    | N/A     | N/A                                                                     |             | N/A  | N/A      | N/A |
|                               | N/A                                                                                | N/A    | N/A   | N/A    | N/A    | N/A    | N/A       | N/A     | N/A    | N/A     | N/A                                                                     |             | N/A  | N/A      | N/A |
|                               | N/A                                                                                | N/A    | N/A   | N/A    | N/A    | N/A    | N/A       | N/A     | N/A    | N/A     | N/A                                                                     |             | N/A  | N/A      | N/A |



# Allergen Information

Menu: June 2025 - mains

Date Updated: 11 / 6 / 25

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| Food or Drink Item              | Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient) |       |       |          |          |          |           |         |          |         |                                                          |             |          |          |
|---------------------------------|---------------------------------------------------------------------------------|-------|-------|----------|----------|----------|-----------|---------|----------|---------|----------------------------------------------------------|-------------|----------|----------|
|                                 | Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)                | Soya  | Lupin | Celery   | Milk     | Egg      | Sulphites | Mustard | Sesame   | Peanuts | Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State) | Crustaceans | Fish     | Molluscs |
| catch of the day - dish - daily | N/A ▼                                                                           | N/A ▼ | N/A ▼ | Active ▼ | N/A ▼    | N/A ▼    | N/A ▼     | N/A ▼   | N/A ▼    | N/A ▼   | N/A ▼                                                    | N/A ▼       | Active ▼ | N/A ▼    |
| Mussel & clam tag. - dish       | Active ▼ wheat                                                                  | N/A ▼ | N/A ▼ | Active ▼ | Active ▼ | Active ▼ | Active ▼  | N/A ▼   | N/A ▼    | N/A ▼   | N/A ▼                                                    | N/A ▼       | Active ▼ | Active ▼ |
| Wood veg - dish                 | N/A ▼                                                                           | N/A ▼ | N/A ▼ | N/A ▼    | Active ▼ | N/A ▼    | Active ▼  | N/A ▼   | N/A ▼    | N/A ▼   | N/A ▼                                                    | N/A ▼       | N/A ▼    | N/A ▼    |
| chicken salad - dish            | Active ▼ wheat                                                                  | N/A ▼ | N/A ▼ | N/A ▼    | Active ▼ | N/A ▼    | Active ▼  | N/A ▼   | Active ▼ | N/A ▼   | N/A ▼                                                    | N/A ▼       | N/A ▼    | N/A ▼    |
| salmon salad - dish             | Active ▼ wheat                                                                  | N/A ▼ | N/A ▼ | N/A ▼    | Active ▼ | N/A ▼    | Active ▼  | N/A ▼   | Active ▼ | N/A ▼   | N/A ▼                                                    | N/A ▼       | Active ▼ | N/A ▼    |
| garden salad - dish             | Active ▼ wheat                                                                  | N/A ▼ | N/A ▼ | N/A ▼    | Active ▼ | N/A ▼    | Active ▼  | N/A ▼   | Active ▼ | N/A ▼   | N/A ▼                                                    | N/A ▼       | N/A ▼    | N/A ▼    |
| beef fillet - dish              | Active ▼ wheat                                                                  | N/A ▼ | N/A ▼ | Active ▼ | Active ▼ | N/A ▼    | Active ▼  | N/A ▼   | N/A ▼    | N/A ▼   | N/A ▼                                                    | N/A ▼       | N/A ▼    | N/A ▼    |
| Chicken - dish                  | N/A ▼                                                                           | N/A ▼ | N/A ▼ | Active ▼ | Active ▼ | N/A ▼    | Active ▼  | N/A ▼   | N/A ▼    | N/A ▼   | N/A ▼                                                    | N/A ▼       | N/A ▼    | N/A ▼    |



# Allergen Information

Menu: June 2025 - mains

Date Updated: 11 / 6 / 25

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| Food or Drink Item              | Allergens: 'A' - Active Ingredient    'M' - May Contain (from label of ingredient) |       |       |        |          |          |           |          |          |         |                                                                         |             |           |          |          |       |
|---------------------------------|------------------------------------------------------------------------------------|-------|-------|--------|----------|----------|-----------|----------|----------|---------|-------------------------------------------------------------------------|-------------|-----------|----------|----------|-------|
|                                 | Cereals<br>Containing<br>Gluten<br>e.g. bran,<br>wheat, spelt<br>(Please State)    | Soya  | Lupin | Celery | Milk     | Egg      | Sulphites | Mustard  | Sesame   | Peanuts | Nuts<br>e.g.<br>hazelnuts,<br>brazil nuts,<br>walnuts<br>(Please State) | Crustaceans | Fish      | Molluscs |          |       |
| catch of the day - dish - daily | N/A ▼                                                                              |       | N/A ▼ | N/A ▼  | Active ▼ | N/A ▼    | N/A ▼     | N/A ▼    | N/A ▼    | N/A ▼   | N/A ▼                                                                   | N/A ▼       |           | N/A ▼    | Active ▼ | N/A ▼ |
| Broccoli tag. - dish            | Active ▼                                                                           | wheat | N/A ▼ | N/A ▼  | Active ▼ | Active ▼ | Active ▼  | N/A ▼    | N/A ▼    | N/A ▼   | N/A ▼                                                                   | Active ▼    | hazelnuts | N/A ▼    | N/A ▼    | N/A ▼ |
| gammon - dish                   | N/A ▼                                                                              |       | N/A ▼ | N/A ▼  | N/A ▼    | N/A ▼    | Active ▼  | N/A ▼    | N/A ▼    | N/A ▼   | N/A ▼                                                                   | N/A ▼       |           | N/A ▼    | N/A ▼    | N/A ▼ |
| Fish n chips - dish - lunch     | Active ▼                                                                           | wheat | N/A ▼ | N/A ▼  | N/A ▼    | N/A ▼    | Active ▼  | Active ▼ | Active ▼ | N/A ▼   | N/A ▼                                                                   | N/A ▼       |           | N/A ▼    | Active ▼ | N/A ▼ |
| fish n chips - dish - dinner    | Active ▼                                                                           | wheat | N/A ▼ | N/A ▼  | Active ▼ | Active ▼ | Active ▼  | Active ▼ | Active ▼ | N/A ▼   | N/A ▼                                                                   | N/A ▼       |           | N/A ▼    | Active ▼ | N/A ▼ |
| Beef burger - dish              | Active ▼                                                                           | wheat | N/A ▼ | N/A ▼  | Active ▼ | Active ▼ | N/A ▼     | Active ▼ | N/A ▼    | N/A ▼   | N/A ▼                                                                   | N/A ▼       |           | N/A ▼    | N/A ▼    | N/A ▼ |
| beyond meat - dish              | Active ▼                                                                           | wheat | N/A ▼ | N/A ▼  | Active ▼ | N/A ▼    | N/A ▼     | Active ▼ | N/A ▼    | N/A ▼   | N/A ▼                                                                   | N/A ▼       |           | N/A ▼    | N/A ▼    | N/A ▼ |
|                                 | N/A ▼                                                                              |       | N/A ▼ | N/A ▼  | N/A ▼    | N/A ▼    | N/A ▼     | N/A ▼    | N/A ▼    | N/A ▼   | N/A ▼                                                                   | N/A ▼       |           | N/A ▼    | N/A ▼    | N/A ▼ |



# Allergen Information

Menu: June 2025 - nibbles

Date Updated: 11 / 6 / 25

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| Food or Drink Item       | Allergens: 'A' - Active Ingredient    'M' - May Contain (from label of ingredient) |       |       |        |       |       |           |                 |                 |         |                                                                         |             |       |          |       |
|--------------------------|------------------------------------------------------------------------------------|-------|-------|--------|-------|-------|-----------|-----------------|-----------------|---------|-------------------------------------------------------------------------|-------------|-------|----------|-------|
|                          | Cereals<br>Containing<br>Gluten<br>e.g. bran,<br>wheat, spelt<br>(Please State)    | Soya  | Lupin | Celery | Milk  | Egg   | Sulphites | Mustard         | Sesame          | Peanuts | Nuts<br>e.g.<br>hazelnuts,<br>brazil nuts,<br>walnuts<br>(Please State) | Crustaceans | Fish  | Molluscs |       |
| Artisan bread & balsamic | Active <div>Wheat</div>                                                            | N/A ▼ | N/A ▼ | N/A ▼  | N/A ▼ | N/A ▼ | Active ▼  | May <div></div> | May <div></div> | N/A ▼   | May <div></div>                                                         | all         | N/A ▼ | N/A ▼    | N/A ▼ |
| houmous                  | May <div>wheat</div>                                                               | N/A ▼ | N/A ▼ | N/A ▼  | N/A ▼ | N/A ▼ | N/A ▼     | N/A ▼           | Active ▼        | N/A ▼   | May ▼                                                                   | all         | N/A ▼ | N/A ▼    | N/A ▼ |
| Olives                   | N/A ▼                                                                              | N/A ▼ | N/A ▼ | N/A ▼  | N/A ▼ | N/A ▼ | N/A ▼     | N/A ▼           | N/A ▼           | N/A ▼   | N/A ▼                                                                   |             | N/A ▼ | N/A ▼    | N/A ▼ |
|                          | N/A ▼                                                                              | N/A ▼ | N/A ▼ | N/A ▼  | N/A ▼ | N/A ▼ | N/A ▼     | N/A ▼           | N/A ▼           | N/A ▼   | N/A ▼                                                                   |             | N/A ▼ | N/A ▼    | N/A ▼ |
|                          | N/A ▼                                                                              | N/A ▼ | N/A ▼ | N/A ▼  | N/A ▼ | N/A ▼ | N/A ▼     | N/A ▼           | N/A ▼           | N/A ▼   | N/A ▼                                                                   |             | N/A ▼ | N/A ▼    | N/A ▼ |
|                          | N/A ▼                                                                              | N/A ▼ | N/A ▼ | N/A ▼  | N/A ▼ | N/A ▼ | N/A ▼     | N/A ▼           | N/A ▼           | N/A ▼   | N/A ▼                                                                   |             | N/A ▼ | N/A ▼    | N/A ▼ |
|                          | N/A ▼                                                                              | N/A ▼ | N/A ▼ | N/A ▼  | N/A ▼ | N/A ▼ | N/A ▼     | N/A ▼           | N/A ▼           | N/A ▼   | N/A ▼                                                                   |             | N/A ▼ | N/A ▼    | N/A ▼ |
|                          | N/A ▼                                                                              | N/A ▼ | N/A ▼ | N/A ▼  | N/A ▼ | N/A ▼ | N/A ▼     | N/A ▼           | N/A ▼           | N/A ▼   | N/A ▼                                                                   |             | N/A ▼ | N/A ▼    | N/A ▼ |



# Allergen Information

Menu: June 2025- sandwiches

Date Updated: 11 / 6 / 25

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| Food or Drink Item          | Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient) |      |       |        |        |        |           |         |        |         |                                                          |             |        |          |
|-----------------------------|---------------------------------------------------------------------------------|------|-------|--------|--------|--------|-----------|---------|--------|---------|----------------------------------------------------------|-------------|--------|----------|
|                             | Cereals Containing Gluten e.g. bran, wheat, spelt (please State)                | Soya | Lupin | Celery | Milk   | Egg    | Sulphites | Mustard | Sesame | Peanuts | Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State) | Crustaceans | Fish   | Molluscs |
| fish finger sandwich - dish | Active Wheat                                                                    | May  | N/A   | N/A    | N/A    | Active | Active    | Active  | N/A    | N/A     | N/A                                                      | N/A         | Active | N/A      |
| Brie sandwich - dish        | May wheat                                                                       | May  | N/A   | Active | Active | N/A    | Active    | N/A     | N/A    | N/A     | N/A                                                      | N/A         | N/A    | N/A      |
| salmon sandwich - dish      | Active wheat                                                                    | May  | N/A   | N/A    | Active | N/A    | N/A       | N/A     | N/A    | N/A     | N/A                                                      | N/A         | Active | N/A      |
| Chicken sandwich - dish     | Active wheat                                                                    | May  | N/A   | N/A    | Active | Active | Active    | Active  | N/A    | N/A     | N/A                                                      | N/A         | N/A    | N/A      |
| ham sandwich - dish         | Active wheat                                                                    | May  | N/A   | Active | N/A    | N/A    | Active    | Active  | N/A    | N/A     | N/A                                                      | N/A         | N/A    | N/A      |
|                             | N/A                                                                             | N/A  | N/A   | N/A    | N/A    | N/A    | N/A       | N/A     | N/A    | N/A     | N/A                                                      | N/A         | N/A    | N/A      |
|                             | N/A                                                                             | N/A  | N/A   | N/A    | N/A    | N/A    | N/A       | N/A     | N/A    | N/A     | N/A                                                      | N/A         | N/A    | N/A      |
|                             | N/A                                                                             | N/A  | N/A   | N/A    | N/A    | N/A    | N/A       | N/A     | N/A    | N/A     | N/A                                                      | N/A         | N/A    | N/A      |



# Allergen Information

Menu: June 2025 - side dishes

Date Updated: 11 / 6 / 25

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

| Food or Drink Item              | Allergens: 'A' - Active Ingredient    'M' - May Contain (from label of ingredient) |       |       |        |       |          |           |          |          |         |                                                                         |             |       |          |       |
|---------------------------------|------------------------------------------------------------------------------------|-------|-------|--------|-------|----------|-----------|----------|----------|---------|-------------------------------------------------------------------------|-------------|-------|----------|-------|
|                                 | Cereals<br>Containing<br>Gluten<br>e.g. bran,<br>wheat, spelt<br>(Please State)    | Soya  | Lupin | Celery | Milk  | Egg      | Sulphites | Mustard  | Sesame   | Peanuts | Nuts<br>e.g.<br>hazelnuts,<br>brazil nuts,<br>walnuts<br>(Please State) | Crustaceans | Fish  | Molluscs |       |
| Chunky chips / skinny fries     | N/A ▼                                                                              |       | N/A ▼ | N/A ▼  | N/A ▼ | N/A ▼    | N/A ▼     | N/A ▼    | N/A ▼    | N/A ▼   | N/A ▼                                                                   |             | N/A ▼ | N/A ▼    | N/A ▼ |
| House fries - dish              | N/A ▼                                                                              |       | N/A ▼ | N/A ▼  | May ▼ | Active ▼ | N/A ▼     | Active ▼ | N/A ▼    | N/A ▼   | N/A ▼                                                                   | N/A ▼       |       | N/A ▼    | N/A ▼ |
| skinny fries                    | N/A ▼                                                                              |       | N/A ▼ | N/A ▼  | N/A ▼ | May ▼    | N/A ▼     | N/A ▼    | N/A ▼    | N/A ▼   | N/A ▼                                                                   | N/A ▼       |       | N/A ▼    | N/A ▼ |
| Winter vegetables               | N/A ▼                                                                              |       | N/A ▼ | N/A ▼  | N/A ▼ | Active ▼ | N/A ▼     | N/A ▼    | N/A ▼    | N/A ▼   | N/A ▼                                                                   | N/A ▼       |       | N/A ▼    | N/A ▼ |
| Chef potatoes - dailey changing | N/A ▼                                                                              |       | N/A ▼ | N/A ▼  | N/A ▼ | Active ▼ | N/A ▼     | N/A ▼    | N/A ▼    | N/A ▼   | N/A ▼                                                                   | N/A ▼       |       | N/A ▼    | N/A ▼ |
| house salad                     | May ▼                                                                              | wheat | N/A ▼ | N/A ▼  | N/A ▼ | N/A ▼    | N/A ▼     | Active ▼ | Active ▼ | N/A ▼   | N/A ▼                                                                   | N/A ▼       |       | N/A ▼    | N/A ▼ |
| Haddock mac n cheese            | Active ▼                                                                           | wheat | N/A ▼ | N/A ▼  | N/A ▼ | Active ▼ | N/A ▼     | N/A ▼    | Active ▼ | N/A ▼   | N/A ▼                                                                   | N/A ▼       |       | Active ▼ | N/A ▼ |
| wood vegetables                 | N/A ▼                                                                              |       | N/A ▼ | N/A ▼  | N/A ▼ | N/A ▼    | N/A ▼     | N/A ▼    | N/A ▼    | N/A ▼   | N/A ▼                                                                   | N/A ▼       |       | N/A ▼    | N/A ▼ |



# Allergen Information

Menu: June 2025 - starters

Date Updated: 11 / 06 / 25

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

| Food or Drink Item               | Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient) |        |       |        |        |        |           |         |        |         |                                                                         |             |        |          |
|----------------------------------|---------------------------------------------------------------------------------|--------|-------|--------|--------|--------|-----------|---------|--------|---------|-------------------------------------------------------------------------|-------------|--------|----------|
|                                  | Cereals<br>Containing<br>Gluten<br>e.g. bran,<br>wheat, spelt<br>(Please State) | Soya   | Lupin | Celery | Milk   | Egg    | Sulphites | Mustard | Sesame | Peanuts | Nuts<br>e.g.<br>hazelnuts,<br>brazil nuts,<br>walnuts<br>(Please State) | Crustaceans | Fish   | Molluscs |
| Duck liver- dish                 | Active wheat                                                                    | Active | N/A   | N/A    | Active | N/A    | Active    | N/A     | N/A    | N/A     | May walnuts                                                             | N/A         | N/A    | N/A      |
| Pear & goat ravilio - dish       | Active wheat                                                                    | N/A    | N/A   | N/A    | Active | Active | N/A       | N/A     | N/A    | N/A     | N/A                                                                     | N/A         | N/A    | N/A      |
| Chefs soup / bread - daily chang | Active wheat                                                                    | N/A    | N/A   | N/A    | N/A    | N/A    | N/A       | May     | May    | N/A     | May all                                                                 | N/A         | N/A    | N/A      |
| mussels & clams - dish           | N/A                                                                             | N/A    | N/A   | Active | Active | N/A    | Active    | N/A     | N/A    | N/A     | N/A                                                                     | N/A         | Active | Active   |
| Scallops - dish                  | N/A                                                                             | N/A    | N/A   | N/A    | Active | N/A    | N/A       | Active  | N/A    | N/A     | N/A                                                                     | N/A         | N/A    | Active   |
| Chefs special - daily changing   | N/A                                                                             | N/A    | N/A   | N/A    | N/A    | N/A    | N/A       | N/A     | N/A    | N/A     | N/A                                                                     | N/A         | N/A    | N/A      |
| haddock mac n cheese - dish      | Active wheat                                                                    | N/A    | N/A   | N/A    | Active | N/A    | N/A       | Active  | N/A    | N/A     | N/A                                                                     | N/A         | Active | N/A      |
|                                  | N/A                                                                             | N/A    | N/A   | N/A    | N/A    | N/A    | N/A       | N/A     | N/A    | N/A     | N/A                                                                     | N/A         | N/A    | N/A      |