



Allergen Information

Menu: christmas afternoon savory

Date Updated: 22 / 10 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soy	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	(Please State) walnuts, brazil nuts, hazelnuts, e.g. Nuts	Crustaceans	Fish	Molluscs	
TURKEY BRIOCHE SLIDER	Activ	WHEAT/ MC RYE	May	N/A	N/A	Activ	Activ	N/A	May	May	May	N/A	N/A	N/A	N/A
TURKEY CONTINUE	Activ	MC BARLEY/OATS	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
PIGS IN BLANKETS	Activ	WHEAT	N/A	N/A	N/A	N/A	Activ	Activ	N/A	May	N/A	N/A	N/A	N/A	N/A
BRIE AND CRANBERRY	Activ	wheat/rye/barley	Activ	N/A	N/A	Activ	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
SMK SALMON ARANCINI	Activ	wheat	N/A	N/A	Active	Activ	Activ	N/A	May	N/A	May	N/A	Activ	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A



Allergen Information

Menu: CHRISTMAS AFTERNOON TEA DESSERTS

Date Updated: 18 / 10 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)															
	Cereals Containing Gluten (e.g. bran, wheat, spelt (Please State))	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts (e.g. hazelnuts, brazil nuts, walnuts (Please State))	Crustaceans	Fish	Molluscs		
chocolate and orange delice	Active	WHEAT	Active	N/A	N/A	Active	Active	N/A	May	N/A	May	N/A	N/A	N/A	N/A	
lemon brulee tart	Active	WHEAT	Active	N/A	N/A	Active	Active	N/A	May	N/A	May	N/A	N/A	N/A	N/A	
mini stollen cake	N/A		N/A	N/A	N/A	Active	Active	N/A	N/A	N/A	May	Active	AL/ MC PIS/WAL	N/A	N/A	N/A
mini mince pie/ mascopone	Active	WHEAT	May	N/A	N/A	Active	May	N/A	N/A	N/A	N/A	May	TREE NUTS	N/A	N/A	N/A
GINGERBREAD	Active	WHEAT	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A



Allergen Information

Menu: Alverton 2024 - Party Night Evening - Desserts

Date Updated: 15 / 11 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)															
	Cereals Containing Gluten (Please State) e.g. bran, wheat, spelt	Soy	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts (Please State) e.g. hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs		
Christmas pudding	Active wheat	N/A	N/A	N/A	Active	Active	Active	N/A	N/A	N/A	May All tree nuts	N/A	N/A	N/A		
Chocolate orange delice	May rye,oats	Active	N/A	N/A	Active	May	Active	N/A	N/A	N/A	May All tree nuts	N/A	N/A	N/A		
Lemon masacapone brulee	Active wheat,may contain o	N/A	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		
	May	May	N/A	N/A	N/A	May	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		



Allergen Information

Menu: Alverton 2024 - Party Night Evening - Mains

Date Updated: 15 / 11 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)															
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs		
Turkey paupiette	N/A	N/A	N/A	Activ	N/A	N/A	Activ	N/A	N/A	N/A	N/A	N/A	N/A	N/A		
Baked white fish and chowder	N/A	N/A	N/A	Activ	Activ	N/A	Activ	N/A	N/A	N/A	N/A	May	Activ	Activ		
Cauliflower chees tart dish	N/A	N/A	N/A	Activ	Activ	N/A	Activ	Activ	N/A	N/A	N/A	N/A	N/A	N/A		
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		
	May	May	N/A	N/A	N/A	May	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		



Allergen Information

Menu: Alverton 2024 - Party Night Evening - Starters

Date Updated: 22 / 10 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)															
	Cereals Containing Gluten e.g. bron, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs		
Carrot orange soup	N/A	N/A	N/A	Active	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		
Bread roll + butter	Active	wheat,rye,barley,	May	N/A	N/A	Active	May	N/A	May	May	N/A	Active	all nuts	May	May	May
Chicken ham hock terrine dish	N/A	N/A	N/A	N/A	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A		
Beetroot cured salmon dish	N/A	May	N/A	N/A	Active	Active	Active	Active	N/A	N/A	N/A	N/A	Active	N/A		
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		
	May	May	N/A	N/A	N/A	May	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		



Allergen Information

Menu: Winter 2024 - bar classics light bite

Date Updated: 27 / 11 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Cereals Containing Gluten (Please State) e.g. bron, wheat, spelt	Soyya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peonuts	(Please State) walnuts, brazil nuts, hazelnuts, e.g. Nuts	Crustaceans	Fish	Molluscs	
alverton burger - dish	Activ wheat	Activ	N/A	Activ	Activ	Activ	Activ	Activ	N/A	N/A	N/A	N/A	N/A	N/A	
Beyond burger - dish	Activ wheat	Activ	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
Fish n chips - dish	Activ wheat	N/A	N/A	N/A	N/A	Activ	Activ	Activ	N/A	N/A	N/A	N/A	Activ	N/A	
Classic caesr- dish	Activ wheat	May	N/A	N/A	Activ	Activ	N/A	N/A	N/A	N/A	N/A	N/A	Activ	N/A	
salmon caeser - dish	Activ wheat	May	N/A	N/A	Activ	Activ	N/A	N/A	N/A	N/A	N/A	N/A	Activ	N/A	
Vegan caeser - dish	Activ wheat	May	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	



Allergen Information

Menu: Winter 2024 - bar classics

Date Updated: 27 / 11 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soyya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs	
alverton burger - dish	Activ <input type="checkbox"/>	wheat	Activ <input type="checkbox"/>	N/A	Activ <input type="checkbox"/>	Activ <input type="checkbox"/>	Activ <input type="checkbox"/>	Activ <input type="checkbox"/>	Activ <input type="checkbox"/>	N/A	N/A	N/A	N/A	N/A	N/A
Beyond burger - dish	Activ <input type="checkbox"/>	wheat	Activ <input type="checkbox"/>	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Fish n chips - dish	Activ <input type="checkbox"/>	wheat	N/A	N/A	N/A	Activ <input type="checkbox"/>	Activ <input type="checkbox"/>	Activ <input type="checkbox"/>	N/A	N/A	N/A	N/A	Activ <input type="checkbox"/>	N/A	
Classic caesar - dish	Activ <input type="checkbox"/>	wheat	May <input type="checkbox"/>	N/A	N/A	Activ <input type="checkbox"/>	Activ <input type="checkbox"/>	N/A	N/A	N/A	N/A	N/A	Activ <input type="checkbox"/>	N/A	
salmon caesar - dish	Activ <input type="checkbox"/>	wheat	May <input type="checkbox"/>	N/A	N/A	Activ <input type="checkbox"/>	Activ <input type="checkbox"/>	N/A	N/A	N/A	N/A	N/A	Activ <input type="checkbox"/>	N/A	
Vegan caesar - dish	Activ <input type="checkbox"/>	wheat	May <input type="checkbox"/>	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	



Allergen Information

Menu: winter 2024 - desserts

Date Updated: 27 / 11 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Cereals Containing Gluten (Please State) e.g. bron, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs	
Chocolate delice - dish	N/A	Activ	N/A	N/A	Activ	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
spiced beignet - dish	Activ wheat	N/A	N/A	N/A	Activ	Activ	Activ	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
lemon burnt cream - dish	Activ wheat	N/A	N/A	N/A	Activ	Activ	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
Callestic ice cream - dailey	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
Cheese - dish	Activ wheat	N/A	N/A	Activ	Activ	N/A	Activ	Activ	N/A	N/A	N/A	N/A	N/A	N/A	
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	



Allergen Information

Menu: Winter 2024 - light bite

Date Updated: 27 / 11 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Cereals Containing Gluten (Please State) e.g. bran, wheat, spelt	Soy	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	(Please State) nuts, walnuts, brazil nuts, hazelnuts, e.g.	Crustaceans	Fish	Molluscs	
fish finger sandwich - dish	Activ	Wheat	May	N/A	N/A	N/A	Activ	Activ	Activ	N/A	N/A	May	N/A	Activ	N/A
Brie sanwich - dish	May	wheat	May	N/A	N/A	Activ	N/A	Activ	Activ	N/A	N/A	N/A	N/A	N/A	N/A
salmon sanwich - dish	Activ	wheat	Activ	N/A	N/A	Activ	N/A	Activ	Activ	N/A	N/A	N/A	N/A	Activ	N/A
turkey sanwich - dish	Activ	wheat	May	N/A	N/A	Activ	N/A	Activ	Activ	N/A	N/A	N/A	N/A	N/A	N/A
ham sandwich - dish	Activ	wheat	May	N/A	N/A	Activ	N/A	Activ	Activ	N/A	N/A	N/A	N/A	N/A	N/A
affogato - dish	Activ	wheat	N/A	N/A	N/A	Activ	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A



Allergen Information

Menu: winter 2024 - mains

Date Updated: 27 / 11 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Cereals Containing Gluten (e.g. bran, wheat, spelt (Please State))	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	(Please State) Nuts (e.g. hazelnuts, brazil nuts, walnuts)	Crustaceans	Fish	Molluscs	
Hake - dish	N/A	N/A	N/A	Active	Active	N/A	Active	Active	N/A	N/A	N/A	N/A	Active	N/A	
beef fillet - dish	Active	Barley	N/A	N/A	N/A	Active	N/A	Active	Active	N/A	N/A	N/A	Active	N/A	
pork belly - dish	Active	wheat	N/A	N/A	Active	Active	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A	
turkey - dish	N/A		N/A	N/A	Active	Active	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	
cauliflower tart - dish	Active	wheat	N/A	N/A	Active	Active	N/A	Active	Active	N/A	N/A	Active	almonds	N/A	
Chefs main - daily chnage	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	



Allergen Information

Menu: winter 2024 - side dishes

Date Updated: 27 / 11 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs	
Chunky chips	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Cheesy chips	N/A		N/A	N/A	N/A	Activ	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Carrot & parsnips	N/A		N/A	N/A	N/A	May	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
seasonal vegetables	N/A		N/A	N/A	N/A	Activ	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
parsley potatoes	N/A		N/A	N/A	N/A	Activ	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
house salad	Activ	wheat	N/A	N/A	N/A	N/A	N/A	Activ	Activ	N/A	N/A	N/A	N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A



Allergen Information

Menu: Winter 2024 - Snacks

Date Updated: 27 / 11 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Cereals Containing Gluten e.g. bran, wheat, spelt (please state)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs	
Artisan bread & butter	Active <input type="checkbox"/> Wheat	N/A	N/A	N/A	Active <input type="checkbox"/>	N/A	N/A	May <input type="checkbox"/>	May <input type="checkbox"/>	N/A	May <input type="checkbox"/>	N/A	N/A	N/A	
Smoked almonds	May <input type="checkbox"/> wheat	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	Active <input type="checkbox"/> almonds	N/A	N/A	N/A	
Olives	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	



Allergen Information

Menu: winter 2024 - starters

Date Updated: 27 / 11 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)															
	Cereals Containing Gluten (e.g. bran, wheat, spelt (Please State))	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	(Please State) Nuts (e.g. hazelnuts, brazil nuts, walnuts)	Crustaceans	Fish	Molluscs		
Ham hock terrine - dish	Active wheat	May	N/A	N/A	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A		
Beef carpaccio - dish	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		
Chefs soup / bread - daily chang	Active wheat	N/A	N/A	N/A	N/A	N/A	N/A	May	May	N/A	May	N/A	N/A	N/A		
Beetroot salmon - dish	N/A	N/A	N/A	N/A	Active	N/A	Active	N/A	N/A	N/A	N/A	N/A	May	N/A		
Winter tartlet - dish	Active wheat	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		
Chefs special - daily changing	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		



Allergen Information

Menu: Spring summer - Breakfast Cold dishes

Date Updated: 23 / 04 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)															
		Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soyo	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	(Please State)	Nuts e.g. hazelnuts, brazil nuts, walnuts	Crustaceans	Fish	Molluscs
Fruit plate	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A	
Granola pot	Activ	Oat, MCwheat,rye, b	N/A	N/A	N/A	Activ	N/A	Activ	N/A	N/A	N/A	Active	almond tree nuts	N/A	N/A	
Crossiant	Activ	wheat	May	N/A	N/A	Activ	May	N/A	N/A	N/A	N/A	May	MC Tree nut	N/A	N/A	
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A	
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A	
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A	
	Activ		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A	
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A	



Allergen Information

Menu: winter - Breakfast Hot dishes 2024

Date Updated: 12 / 12 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Cereals Containing Gluten (Please State) e.g. bran, wheat, spelt	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	(Please State) walnuts, brazil nuts, hazelnuts, e.g. Nuts	Crustaceans	Fish	Molluscs	
Porridge	Activ <input type="checkbox"/>	oats MC wheat	N/A <input type="checkbox"/>	N/A	N/A	Activ <input type="checkbox"/>	N/A <input type="checkbox"/>	N/A <input type="checkbox"/>	N/A <input type="checkbox"/>	N/A <input type="checkbox"/>	N/A <input type="checkbox"/>	N/A <input type="checkbox"/>	N/A	N/A	N/A
Kipper, poached egg	N/A <input type="checkbox"/>		N/A <input type="checkbox"/>	N/A	N/A	Activ <input type="checkbox"/>	N/A <input type="checkbox"/>	N/A	N/A	N/A	N/A <input type="checkbox"/>	N/A <input type="checkbox"/>	N/A	Activ <input type="checkbox"/>	N/A
Full Alverton grill breakfast	Activ <input type="checkbox"/>	wheat	N/A <input type="checkbox"/>	N/A	N/A <input type="checkbox"/>	Activ <input type="checkbox"/>	N/A <input type="checkbox"/>	N/A <input type="checkbox"/>	N/A <input type="checkbox"/>	N/A <input type="checkbox"/>	N/A <input type="checkbox"/>	N/A <input type="checkbox"/>	N/A	N/A	N/A
Full garden grill breakfast	Activ <input type="checkbox"/>	wheat	Activ <input type="checkbox"/>	N/A	N/A <input type="checkbox"/>	Activ <input type="checkbox"/>	N/A	N/A	N/A <input type="checkbox"/>	N/A <input type="checkbox"/>	N/A <input type="checkbox"/>	N/A <input type="checkbox"/>	N/A	N/A	N/A
Muffin stack	Activ <input type="checkbox"/>	wheat	May <input type="checkbox"/>	N/A	N/A	Activ <input type="checkbox"/>	N/A	May <input type="checkbox"/>	May <input type="checkbox"/>	N/A	N/A	N/A	N/A	N/A	N/A
Eggs benedict	Activ <input type="checkbox"/>	wheat	Activ <input type="checkbox"/>	N/A	N/A	Activ <input type="checkbox"/>	Activ <input type="checkbox"/>	N/A	N/A <input type="checkbox"/>	N/A	N/A	N/A	N/A	N/A	N/A
Eggs florentine	Activ <input type="checkbox"/>	wheat	Activ <input type="checkbox"/>	N/A	N/A	Activ <input type="checkbox"/>	Activ <input type="checkbox"/>	N/A	N/A	N/A	N/A	N/A	N/A	N/A <input type="checkbox"/>	N/A
Eggs royale	Activ <input type="checkbox"/>	wheat	Activ <input type="checkbox"/>	N/A	N/A	Activ <input type="checkbox"/>	Activ <input type="checkbox"/>	N/A <input type="checkbox"/>	N/A <input type="checkbox"/>	N/A	N/A	N/A	N/A	Activ <input type="checkbox"/>	N/A