



Allergen Information

Menu: Vegetarian Ruby Afternoon tea options

Date Updated: 29 / 08 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)													
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs
Brie tart	Activ	N/A	N/A	N/A	Activ	Activ	Activ	N/A	N/A	N/A	N/A	N/A	N/A	N/A
Sandwiches	Activ	Activ	N/A	N/A	Activ	Activ	Activ	Activ	N/A	N/A	N/A	N/A	N/A	N/A
Not ham egg chips	Activ	Activ	N/A	N/A	N/A	Activ	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A



Allergen Information

Menu: Ruby Afternoon Tea Alverton Hotel

Date Updated: 29 / 08 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)															
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs		
Jelly	N/A		N/A	N/A	N/A	N/A	Activ	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
Torte	Activ		Activ	N/A	N/A	Activ	Activ	N/A	N/A	N/A	N/A	Active		N/A	N/A	N/A
Profiterole	Activ		N/A	N/A	N/A	Activ	Activ	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
Battenberg	Activ		N/A	N/A	N/A	Activ	Activ	N/A	N/A	N/A	N/A	Active		N/A	N/A	N/A
Prawn cocktail	Activ		N/A	N/A	N/A	N/A	Activ	Activ	N/A	N/A	N/A		Activ	Activ	N/A	
Sandwiches	Activ		Activ	N/A	N/A	N/A	Activ	Activ	N/A	N/A	N/A		N/A	N/A	N/A	
Ham egg chips	N/A		N/A	N/A	N/A	N/A	Activ	N/A	Activ	N/A	N/A	N/A		N/A	N/A	N/A
Scone jam cream	Activ		N/A	N/A	N/A	Activ	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A	



Allergen Information

Menu: Spring summer - Alverton - Side dishes

Date Updated: 23 / 04 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs	
Chunky chips	May wheat	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
Stem brocolli, beans, SM almond	May wheat	May	N/A	May	Active	N/A	N/A	N/A	May	May	Active	Almond MC tree nuts	N/A	N/A	N/A
Seasonal vegetables	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
chef pork hash browns	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A



Allergen Information

Menu: Spring summer - Breakfast Cold dishes

Date Updated: 23 / 04 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs	
Fruit plate	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
Granola pot	Active	N/A	N/A	N/A	Active	N/A	Active	N/A	N/A	N/A	Active	almond tree nuts	N/A	N/A	
Crossiant	Active	wheat	May	N/A	Active	May	N/A	N/A	N/A	N/A	May	MC Tree nut	N/A	N/A	
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
	Active		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	



Allergen Information

Menu: Spring summer - Breakfast Hot dishes

Date Updated: 23 / 04 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs	
Porridge	Active▼ oats MC wheat	N/A▼	N/A	N/A	Active▼	N/A▼	N/A▼	N/A▼	N/A▼	N/A▼	N/A▼		N/A	N/A	N/A
Baked eggs haddock	N/A▼	N/A▼	N/A	N/A	Active▼	N/A▼	N/A	N/A	N/A	N/A▼	N/A▼		N/A	Active▼	N/A
Full Alverton grill breakfast	Active▼ wheat	N/A▼	N/A	N/A▼	N/A▼	Active▼	N/A▼	N/A▼	N/A▼	N/A▼	N/A▼		N/A	N/A	N/A
Full garden grill breakfast	Active▼ wheat	Active▼	N/A	N/A▼	N/A▼	Active▼	N/A	N/A	N/A▼	N/A▼	N/A▼		N/A	N/A	N/A
Muffin stack	Active▼ wheat	May▼	N/A	N/A	Active▼	N/A	May▼	May▼	N/A	N/A	N/A		N/A	N/A	N/A
Eggs benedict	Active▼ wheat	Active▼	N/A	N/A	Active▼	Active▼	N/A	N/A▼	N/A	N/A	N/A		N/A	N/A	N/A
Eggs florentine	Active▼ wheat	Active▼	N/A	N/A	Active▼	Active▼	N/A	N/A	N/A	N/A	N/A		N/A	N/A▼	N/A
Eggs royale	Active▼ wheat	Active▼	N/A	N/A	Active▼	Active▼	N/A▼	N/A▼	N/A	N/A	N/A		N/A	Active▼	N/A



Allergen Information

Menu: Summer menu - Desserts

Date Updated: 15 / 7 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)													Crustaceans	Fish	Molluscs
		Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)				
choc peanut butter tart dish	Active	wheat	Active	N/A	N/A	Active	Active	N/A	N/A	N/A	Active	May	All nuts	N/A	N/A	N/A
Raspberry lime cheesecake dish +	Active	wheat MC rye oat ba +	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
Affogato	Active		May	N/A	N/A	Active	May	Active	N/A	N/A	N/A	Active		N/A	N/A	N/A
Summer Pimms	May		May	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	May		N/A	N/A	N/A
Callestick ice cream CHECK	May		May	N/A	N/A	Active	May	N/A	N/A	N/A	N/A	May		N/A	N/A	N/A
Cheese + biscuits, grape, chutney +	Active	wheat,rye,barley,oat	N/A	N/A	Active	Active	N/A	N/A	N/A	May	May	May	All nuts	N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A



Allergen Information

Menu: Spring summer - Evening - Bar classic mains

Date Updated: 23 / 04 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)															
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs		
Burger stack	Activ	wheat	Activ	N/A	N/A	Activ	N/A	Activ	Activ	N/A	N/A	N/A		N/A	N/A	N/A
Beyond meat burger	Activ	wheat	Activ	N/A	N/A	N/A	N/A	Activ	Activ	N/A	N/A	N/A		N/A	N/A	N/A
Fish and chips	May	wheat	N/A	N/A	N/A	N/A	N/A	Activ	Activ	N/A	N/A	N/A		May	Activ	May
Caesar salad	Activ	wheat	Activ	N/A	N/A	Activ	Activ	Activ	Activ	N/A	N/A	N/A		N/A	Activ	N/A
Vegan caesar	Activ	wheat	Activ	N/A	N/A	N/A	N/A	Activ	Activ	N/A	N/A	N/A		N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A			N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A			N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A			N/A	N/A	N/A



Allergen Information

Menu: Spring summer - Evening - Mains

Date Updated: 23 / 04 / 24

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Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs	
Hake, spiced chickpea main	N/A	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	May	Active	May	
Beef fillet main	N/A	N/A	N/A	Active	Active	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
Pork belly main	Active wheat	N/A	N/A	N/A	Active	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
Chicken supreme	Active wheat	N/A	N/A	Active	Active	Active	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
Shallot tarte tatin	Active wheat	N/A	N/A	N/A	Active	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	



Allergen Information

Menu: Spring summer - Evening - Starters

Date Updated: 23 / 04 / 24

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Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs	
Bruschetta	Active wheat	Active	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
Smoked almonds	May	May	N/A	May	May	Active	N/A	May	May	May	Active	almond	N/A	N/A	
Native grain bread, butter	Active wheat	N/A	N/A	N/A	Active	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	
Chicken liver parfait	Active wheat	N/A	N/A	N/A	Active	Active	Active	N/A	N/A	N/A	N/A		N/A	N/A	
Kedgerree, crisp egg	Active wheat	N/A	N/A	N/A	Active	Active	N/A	N/A	N/A	N/A	N/A		May	Active	
Scorched mackerel	N/A	N/A	N/A	May	N/A	N/A	Active	N/A	N/A	N/A	May	all nuts	May	Active	
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	



Allergen Information

Menu: Spring summer - Evening - Snacks and small plates

Date Updated: 23 / 04 / 24

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Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)															
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs		
smoked almonds	May	wheat	May	N/A	May	May	Activ	N/A	May	May	May	Active	almond MC nut	N/A	N/A	N/A
native grain and butter	Activ	wheat	N/A	N/A	N/A	Activ	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
Chicken liver parfait	Activ	wheat	Activ	N/A	N/A	Activ	N/A	N/A	N/A	N/A	N/A	N/A		N/A	Activ	N/A
Black bomber	Activ	wheat	Activ	N/A	N/A	Activ	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
Reuben flatbread	Activ	wheat, braley	Activ	N/A	N/A	N/A	Activ	Activ	Activ	N/A	N/A	N/A		N/A	N/A	N/A
Smoked mackerel rarebit	Activ	wheat	Activ	N/A	N/A	Activ	N/A	Activ	Activ	N/A	N/A	N/A		N/A	Activ	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A



Allergen Information

Menu: Spring summer - Starters

Date Updated: 23 / 04 / 24

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Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs	
Bruschetta	Activ wheat	Activ N/A	N/A	N/A	Activ N/A	N/A N/A	N/A N/A	N/A N/A	N/A N/A	N/A N/A	N/A N/A	N/A	N/A	N/A	
Smoked almonds	May	May N/A	N/A	May	May	Activ	N/A	May	May	May	Active almond	N/A	N/A	N/A	
Native grain bread, butter	Activ wheat	N/A N/A	N/A	N/A	Activ	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
Chicken liver parfait	Activ wheat	N/A N/A	N/A	N/A	Activ	Activ	Activ	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
Kedgerree, crisp egg	Activ wheat	N/A N/A	N/A	N/A	Activ	Activ	N/A	N/A	N/A	N/A	N/A	May	Activ	May	
Scorched mackerel	N/A	N/A N/A	N/A	May	N/A	N/A	Activ	N/A	N/A	N/A	May all nuts	May	Activ	May	
Cheese	Activ wheat,barley,rye,oat	N/A N/A	N/A	Activ	Activ	N/A	N/A	N/A	May	May	May	N/A	N/A	N/A	
Cheese biscuits	Activ wheat,barley,rye,oat	N/A N/A	N/A	Activ	Activ	N/A	N/A	N/A	May	May	May	N/A	N/A	N/A	



Allergen Information

Menu: Summer menu - Caesar and Sides - 2024

Date Updated: 15 / 7 / 24

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Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)														
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs	
Classic Caesar	Activ	Activ	N/A	N/A	Activ	Activ	N/A	Activ	N/A	N/A	N/A	N/A	Activ	N/A	
Vegan Caesar	Activ	Activ	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
Chunky chips	May from fryer	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
chips w/ cheddar parmesan	May from fryer	N/A	N/A	N/A	Activ	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	
chips parmesan bacon truffle	May from fryer	N/A	N/A	N/A	Activ	N/A	N/A	Activ	N/A	N/A	N/A	N/A	N/A	N/A	
Stem brocolli dish	May wheat	May	N/A	May	Activ	N/A	N/A	May	May	May	Active	Almon MC all nut	N/A	N/A	
house salad + dressing	N/A	N/A	N/A	N/A	N/A	N/A	N/A	Activ	N/A	N/A	N/A	N/A	N/A	N/A	
	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	



Allergen Information

Menu: Alverton summer menu - Small plates - 2024

Date Updated: 15 / 07 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)															
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs		
Honey ham hock dish	Activ		Activ	N/A	N/A	N/A	Activ	N/A	Activ	N/A	N/A	N/A		N/A	N/A	N/A
soused mackerel dish	N/A		N/A	N/A	Activ	N/A	Activ	Activ	Activ	N/A	N/A	N/A		N/A	Activ	N/A
soup CHANGES DAILY	Activ		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
Allet farm feta dish	N/A		N/A	N/A	N/A	Activ	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
Beef carpaccio dish	N/A		N/A	N/A	N/A	Activ	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
	N/A		N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A



Allergen Information

Menu: Alverton Summer Menu 2024 - Snacks

Date Updated: 15 / 07 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)													Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)	Crustaceans	Fish	Molluscs
Olives	N/A														N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
Amonds, smoked and natural	May	wheat													May	N/A	May	May	N/A	May	May	May	Active	almonds MC all nuts	N/A	N/A	N/A
Artisan bread, butter	Activ	wheat													N/A	N/A	N/A	Activ	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
	N/A														N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
	N/A														N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
	N/A														N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
	N/A														N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
	N/A														N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A
	N/A														N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A		N/A	N/A	N/A



Allergen Information

Menu: Alverton summer menu - mains - 2024

Date Updated: 15 / 07 / 24

This table contains the food and drink items we sell that contain allergens; please select **Active** or **May** to indicate the allergen(s) present.

Food or Drink Item	Allergens: 'A' - Active Ingredient 'M' - May Contain (from label of ingredient)															
	Cereals Containing Gluten e.g. bran, wheat, spelt (Please State)		Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts e.g. hazelnuts, brazil nuts, walnuts (Please State)		Crustaceans	Fish	Molluscs
Pollack fillet dish	Activ	wheat	Activ	N/A	N/A	Activ	N/A	N/A	N/A	N/A	N/A	N/A		N/A	Activ	N/A
Pork plate	Activ		Activ	N/A	Activ	Activ	Activ	Activ	N/A	N/A	N/A	N/A		N/A	N/A	N/A
Cauliflower blue cheese dish	N/A		N/A	N/A	N/A	Activ	N/A	Activ	N/A	N/A	N/A	Active	almond	N/A	N/A	N/A
Prime beef fillet	N/A		N/A	N/A	N/A	Activ	N/A	Activ	N/A	N/A	N/A	N/A		N/A	N/A	N/A
fish n chips battered	Activ	wheat	N/A	N/A	N/A	N/A	Activ	Activ	Activ	N/A	N/A	N/A		N/A	Activ	N/A
fish n chips grilled	N/A		N/A	N/A	N/A	N/A	Activ	Activ	Activ	N/A	N/A	N/A		N/A	Activ	N/A
Alverton burger	Activ		Activ	N/A	N/A	Activ	Activ	Activ	N/A	N/A	N/A	N/A		N/A	N/A	N/A
Big 'A' burger	Activ		Activ	N/A	N/A	Activ	Activ	Activ	N/A	N/A	N/A	N/A		N/A	N/A	N/A